



MARYVALE MATTERS

Maryvale Community Project

“Reaching out to our elderly and adults with learning disabilities”

Welcome to “Maryvale Matters” the quarterly newsletter of Maryvale Community Project. Here you will find information on our services and things that have been happening in the Project.

Tuesday Lunch Club

The Lunch Club continues to thrive and new members are always welcome. This year the Lunch Club stayed open throughout the summer and events included Flower Arranging and the ever popular Bingo. By popular demand bowling and table games continue as part of our ongoing programme of events. Rose, One of the members of the club, has a great passion for Line Dancing and as this is a popular event at Lunch Club we asked if she would consider leading a session. We were thrilled when she agreed and the dancing was enjoyed by everyone. So much so, that we are hoping that she will continue to lead the line dancing and it will become a regular occurrence. We know that like Rose, many of you have talents that can be shared at the club. So don't hide them under a bushel, let us know. It is your club and if you have a talent, share it with us and let others get to enjoy it too.

Sunshine Club

The Sunshine Club is doing well. We have a core of 13 members who come regularly twice monthly but we would love to reach more people with learning disabilities. The club meets on the 1st and 3rd Tuesday of each month and the members do everything from film nights to jigsaws, crafts to skittles. One of the members of the Club loves music and being a DJ. From time to time he brings his equipment and does a disco for the members who all enjoy having a dance. They also enjoy a fun time with Everton and activities in the next couple of months include baking a cake, Rice Art and Karaoke.

Sunday Minibus

If you know of anyone who is housebound and unable to get to Mass, or has problems with mobility why not let them know about the Sunday Minibus which will enable them to get to 11.30am Mass on Sunday. If you would like to arrange a collection, please contact Joy or Wendy on **0121 382 3590**. We also need another person to drive the Sunday Minibus. At the moment Tony is the only one doing this valuable service, but if he is poorly, or in need of a well- earned break, then there is no-one to take over. If you are able to help us we would be most grateful, and so would those who need this service you can contact us on the above telephone number

Website

The Project has now got it's very own website. You can browse our history and find information on our services and forthcoming events and reports on how events went. It is still in its infancy but we hope to keep building it. Why not check it out on www.maryvalecommunityproject.org.uk

To make you smile

“You know when you are getting old when you stoop to tie your shoelaces and wonder what else you can do while you're down there.” George Burns

Registered Charity No: **1147691**

Maryvale Community Project is incorporated under the Companies Act 2006 as a Private Company limited by guarantee. Registered No: **7745594**
The registered office of Maryvale Community Project is: 21 Church Road, Boldmere, Sutton Coldfield. B73 5RX



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Home Visiting Service and Telephone Befriending



We are able to offer home visits to those who are housebound. We do our best to ensure that each person is matched to a volunteer who shares similar values. If you know anyone who might benefit from a home visit, please do let us know. Telephone Joy or Wendy on 0121 382 3590



The same is true of our Telephone Befriending Service. This is ideal for someone who is housebound but who does not feel that a home visitor would be suitable for them, or indeed as a Supplement to a home visit. Again, if you know of anyone who may benefit do get in touch.

Volunteers



We have a wonderful team of volunteers without whom we would be unable to provide any of the services offered by the Project. However, we are always looking for more people to help us. If you have couple of hours a week that you could give to the Project it would be of great benefit to us and to those whom we try to help. If you would like to volunteer please phone Joy or Wendy on 0121 382 3590

Farewell to Ann

Sadly, due to ill health, Ann has tendered her resignation to the Board which has been accepted. We are saddened to lose Ann who has been such a driving force for the Project and whose knowledge of the benefits system for the elderly has helped so many. A Mass of thanksgiving for Ann and all she has done for the Project has been arranged for Tuesday 25th October at 11.00am at Our Lady of the Assumption, Maryvale. All are welcome to attend.

Forthcoming Events

- 22nd October – Bacon and Cabbage Evening
- 6th December – Cardinal Wiseman Christmas party
- 13th December – Lunch Club Christmas Meal at the Beeches Pub
- 10th December – Concert (in aid of the Parish)
- 31st December – New Year’s Eve Dance (in aid of the Parish)

Congratulations

The Board of Directors and all involved with Maryvale Project offer their sincere Congratulations to Michael Collins who was recently presented with the Bene Merenti Medal by Bishop Pargeter for his services to the Parish and to charitable causes. Well done Michael, it is very well deserved.

Room Hire

The Centre has a selection of rooms for hire for different events. If you would like to hire a room please contact the Centre Manager **Michael Collins** on **07941 250362**

Christmas and New Year break

The Project will be closed from **23rd December 2016** and will re-open on **3rd January 2017**

We wish you all a Blessed and Happy Christmas and every good wish for the New Year.

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